

Centre for Autism

Wellbeing Hub Monthly Talks

May 2024

Nic King - Young autistic people and the importance of self-understanding

The following citations were referenced in Nic's talk and have been shared

'Autopia'

A vision for autistic acceptance and belonging

By Luke Beardon

<https://www.taylorfrancis.com/chapters/edit/10.4324/9781003056577-16/autopia-luke-beardon>

Avoiding Anxiety in Autistic Children: A Guide for Autistic Wellbeing

By Luke Beardon

<https://books.google.co.uk/books?hl=en&lr=&id=Te3ODwAAQBAJ&oi=fnd&pg=PT10&dq=autism+%2B+environments+%3D+outcome+beardon&ots=6byfiWINDH&sig=CTWBYFP2BOB01vK1P2B3ogWcP04#v=onepage&q=autism%20%2B%20environments%20%3D%20outcome%20beardon&f=false>

Atherton G, Edisbury E, Piovesan A, Cross L. [Autism through the ages: a mixed methods approach to understanding how age and age of diagnosis affect quality of life](#). *J Autism Dev Disord*. doi:10.1007/s10803-021-05235-x

Oredipe, T., Kofner, B., Riccio, A., Cage, E., Vincent, J., Kapp, S. K., Dwyer, P., & Gillespie-Lynch, K. (2022). Does learning you are autistic at a younger age lead to better adult outcomes? A participatory exploration of the perspectives of autistic university students. *Autism*, 0(0). <https://doi.org/10.1177/13623613221086700>

On the ontological status of autism: the 'double empathy problem'

Damian E.M. Milton

<https://www.tandfonline.com/doi/full/10.1080/09687599.2012.710008>

Autistic parents' views and experiences of talking about autism with their autistic children

Laura Crane <https://orcid.org/0000-0002-4161-3490> L.Crane@ucl.ac.uk, Lok Man Lui, [...], and Elizabeth Pellicano <https://orcid.org/0000-0002-7246-8003>+1View all authors and affiliations

Volume 25, Issue 4

<https://doi.org/10.1177/1362361320981317>

Barriers to healthcare and a 'triple empathy problem' may lead to adverse outcomes for autistic adults: A qualitative study Sebastian CK Shaw et al 2023

<https://journals.sagepub.com/doi/10.1177/13623613231205629>

"Autistic people experience more co-occurring health conditions and, on average, die younger than non-autistic people. Despite growing awareness of health inequities, autistic people still report barriers to accessing healthcare"

Our findings also build on the double empathy problem, situating this in a medical context, proposing a triple empathy problem.

The acronym 'SPACE' stands for Sensory needs, Predictability, Acceptance, Communication and Empathy – and three further domains of autistic experience where the 'SPACE' principles applied are represented by physical space, processing space and emotional space (Doherty et al., 2023).

“The right to culture, or, as captured in international documents the right to participate in cultural life, is very much linked to identity. It is very much linked to the right to one’s own vision about one’s future. It is the right to dream and the right to aspire, and it is the right to use creativity, and to hold on your creativity and feel free. The right to culture is very much about bringing the past to the present in order to figure out the future.”

Professor Alexandra Xanthaki, UN Special Rapporteur in the field of Cultural Rights

The right to cultural life is often made tangible through for example, the right to culturally appropriate food, to cultural expression in housing (particularly important for example to Gypsy Traveller culture), to learning about your culture as part of your right to education

This guest blog is by Mhairi Snowden, Director of the Human Rights Consortium Scotland (HRCS). The HRCS is the civil society network to defend and promote human rights in Scotland. This blog accompanies the release of their new briefing on the right to cultural life in Scotland.

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www.linkedin.com/in/nic-king-pandasonline

www.facebook.com/Pandasonline2022

www.youtube.com/pandasonline

www.tiktok.com/@pandas.online

Podcast with Kate Fox

www.neurotypicalsdontjugglechainsaws.co.uk