

How autistic adults experience communication during CBT

Are you an autistic adult?

Are you interested in supporting autistic research?

Could you share your experience of communication in CBT?



**University of
Reading**

We would really like to hear from you if you are an autistic adult who is receiving CBT or has received CBT in the last six months. We would like your views on how autistic adults' experience communication during CBT.

If you are interested in taking part, want more information or have any queries please email Ann Wilson at: a.wilson@pgr.reading.ac.uk.

This study has received ethical approval by the School of Psychology and Clinical Languages Research Ethics Committee, project (2024-188-TL).

Researcher: Ann Wilson
Email: a.wilson@pgr.reading.ac.uk

Investigator: Dr Tom Loucas
Email: t.loucas@reading.ac.uk
Phone Number: 0118 3784697