



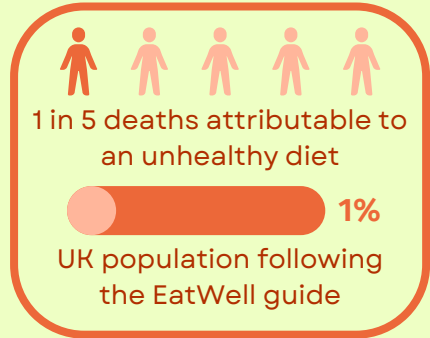
Food Systems Equality



'co-produce healthy and sustainable food systems for disadvantaged communities'

Wicked food system

The UK food system is distorted by inequalities in access, failing the people most in need, yet it should provide access to safe, nutritious affordable food for all citizens. Dietary patterns are associated with socio-demographic characteristics, with high levels of diet-related disease mortality attributed to poor dietary habits. The need for food system transformation has been illustrated within recent UK government policy drivers and research funding.

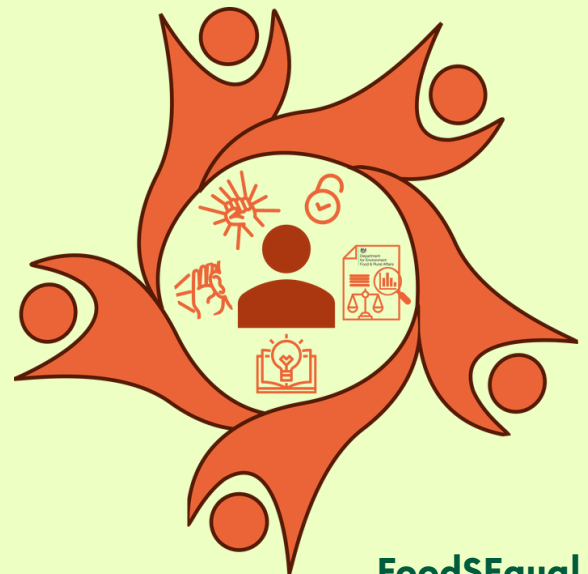


There is a pressing need for innovative approaches to tackle social and nutritional inequalities in the food system. We are utilising arts-based activities and co-creative initiatives that empower communities to transform their food relationships and narratives. This approach engages marginalized groups, redistributes research power, and enhances social cohesion through creative expression and community participation.

Get creative

Community food researchers

The community food researcher model engages community members as researchers in food system transformation, leveraging their shared experiences, insider knowledge, and trust. This approach improves engagement, access, and trust in research, while providing personal development opportunities and potential lifestyle changes for participants.



FoodSEqual

FoodSEqual



This project places the 'community' at its heart, so the communities themselves can drive the change they want to see. This embodies the following co-production principles: (i) humanity, (ii) inclusivity (participation), (iii) transparency (sharing of power), and (iv) challenging the status quo. Goals include developing new products, supply chains, and policies for affordable, attractive, healthy, and sustainable diets. The project team works with diverse communities in several areas (Whitley-Reading, Brighton & Hove, Tower Hamlets and Plymouth). The consortium includes major food businesses, distribution and retail partners, and government and civil organizations to create a sustainable food system for diverse populations, who co-create a sustainable, locally-relevant food system with the citizens of each community.