```latex
\documentclass[11pt,a4paper]{article}
\usepackage{times}
\usepackage[pdftex]{color,graphicx}
\usepackage[font=small,skip=0pt]{caption}
\usepackage{amsmath,natbib,wrapfig}
\usepackage{amsfonts}
\usepackage{tabularx}
\usepackage{paralist}
\usepackage[width=0.00cm, left=2.00cm, right=2.00cm, top=2.00cm,
bottom=2.00cm]{geometry}
\usepackage{subfigure}
\usepackage{chngcntr}
\usepackage{wrapfig}
\let\oldbibliography\thebibliography
\renewcommand{\thebibliography}[1]{%
\oldbibliography{#1}%
\setlength{\itemsep}{0pt}%
}
\counterwithout{figure}{section}
\begin{document}
\begin{center}
\Large{\textbf{Monitoring Committee Report I}}\\[0.15cm]
\large{Your Name Here}\\
\normalsize{Time, Date, and Location Here}\\[0.15cm]
\rule{\textwidth}{0.2mm}
\textbf{Project Title: Your Project Title Here }
\textbf{Monitoring Committee: }Monitoring Committee Members' Names Here\\
\textbf{Supervisors: Supervisors' Names Here} \\
\rule{\textwidth}{0.2mm}
\end{center}

\section{e.g. Introduction and Background}
\subsection{e.g. Background Literature}
(what are your research questions, and where do they fit?)

\section{e.g. Project Overview}
\subsection{e.g. Summary of Work}
(work done before the previous report)

\section{e.g. Recent Work}
(This should include work done between the previous and current meeting)
\subsection{e.g. Topic 1.}

\section{e.g. Future Work}
\subsection{e.g. Short-Term} (The next 3-6 months)
\subsection{e.g. Long-Term} (The next 6-12 months or more)

\section{e.g. Transferable Skills}

\section{Bibliography}
\bibliographystyle{ametsoc} % might require ametsoc.bst and/or ametsoc.sty
\small{\bibliography{/path/to/bibliography}}
\end{document}
```