

# Working with Natural Processes – the evidence behind Natural Flood Management





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### The Environment Agency

Non-departmental public body est 1995

We work to create better places for people and wildlife, and support sustainable development by:

- regulating industry & waste
- treating contaminated land
- improving water quality & resources
- managing navigations
- Improving fisheries, conservation & ecology
- managing flood risk



Emma Howard Boyd Chair (EA)



James Bevan
Chief Executive (EA)y

**Coastal flooding** 



**Coastal erosion** 



**River flooding** 



**Groundwater flooding** 



**Surface water & foul flooding** 



**Rapid response catchments** 



### Scale of Flood Risk in England

No. of properties at risk of flooding



No. of properties at risk by risk type



We have the power (but not the legal obligation) to manage flood risk from main rivers & the sea

## **Managing Flood Risk**

















# Natural Flood Management

## 2007 Floods



### £3.9b economic damages

7.101 It is now widely accepted that flood risk cannot be managed by simply building ever bigger hard defences. Softer approaches, such as flood storage and land management, can offer more sustainable ways of managing the risk, and can complement and extend the lifetime of more traditional defences.

"Nothing has emerged to change our view that there is no single response to solve all problems. Our conclusion remains that a portfolio of structural and non-structural responses, implemented in a sustainable way, is needed to manage future flood risk."

# Summer 2012 Floods

£249m economic damages



# 2013/2014 Floods

£1.3b economic damages



# 2015/2016 Floods

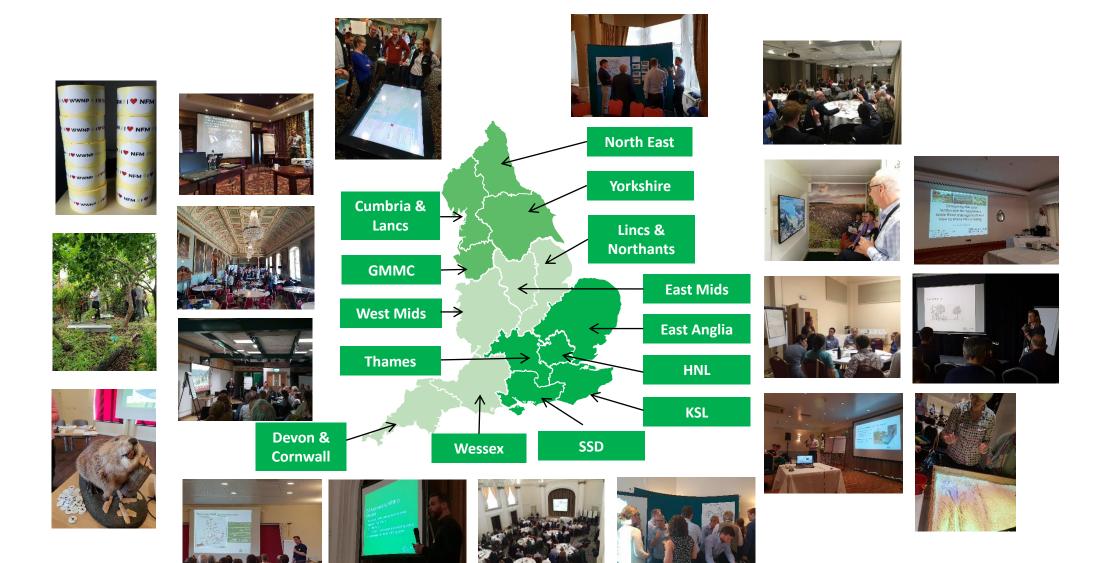
£1.6b economic damages



# 2019/2020 Floods



## **Practical Application of NFM**



## NFM leadership



'We will take action to reduce the risk of harm from flooding and coastal erosion including greater use of natural flood management solutions'

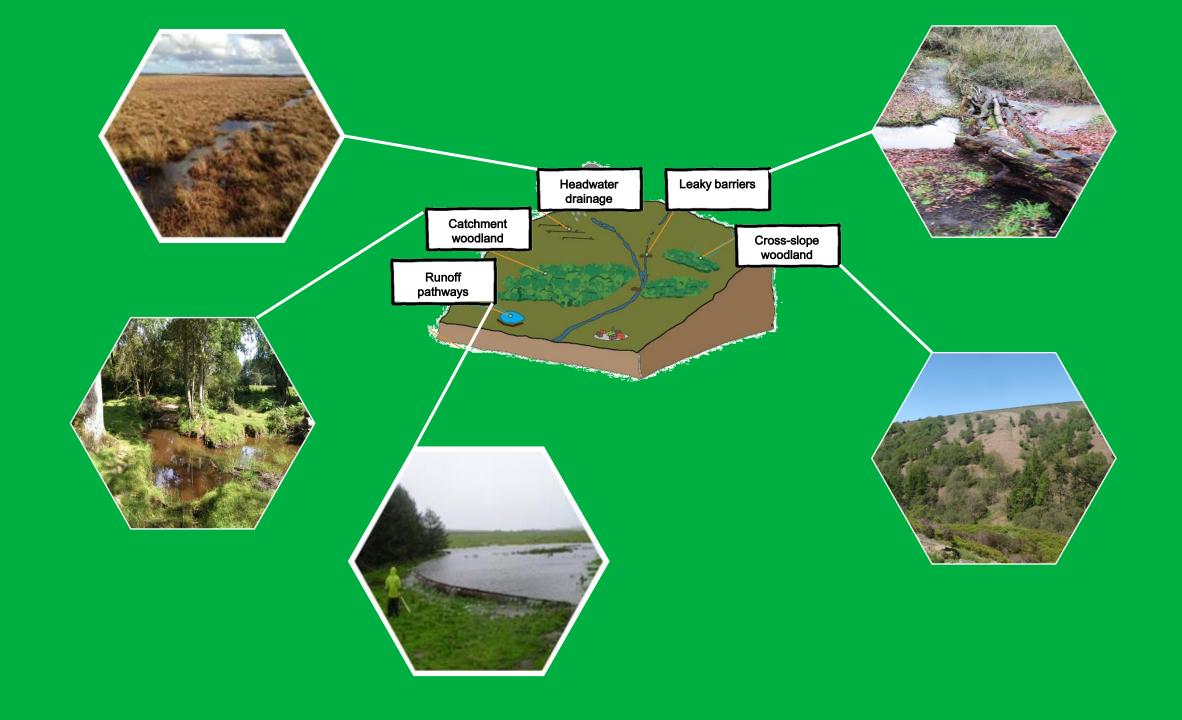
'We will also focus on using more natural flood management solutions where appropriate'



'Natural flood management is an important part of our approach, alongside traditional flood defences and helping homeowners to improve their own property resilience'



'Natural Flood Management is part of our Nation's Flood Resilience'

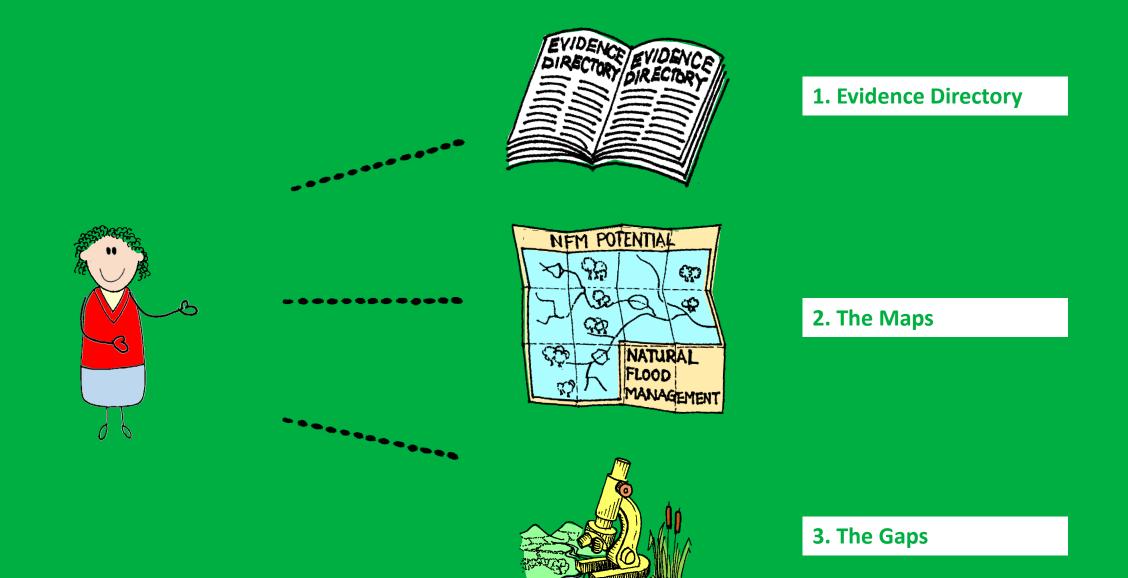








# The Evidence



# 1. The Evidence Directory









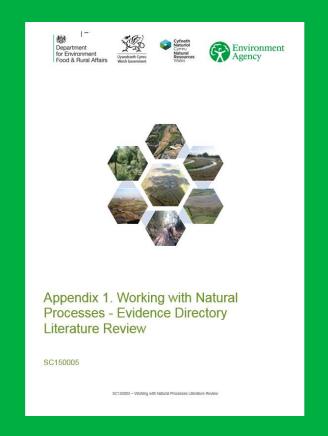






Working with Natural Processes – Evidence Directory

SC150005





#### Chapter 3. Woodland management



3.1 Introduction



3.2 Catchment woodland



3.3 Cross-slope woodland



3.4 Riparian woodland



3.5 Floodplain woodland

#### 3 Woodland management

#### 3.1 Introduction

This chapter summarises the evidence around the effectiveness of the following woodland management measures in reducing flood risk:

- Catchment woodland
- > Cross-slope woodland
- Floodplain woodland
- > Riparian woodland

The term 'woodland' is used to describe land predominantly covered in trees (with a canopy cover of at least 20%), whether in large tracts (generally called forests) or smaller areas known by a variety of terms (including woods, copses, spinneys or shelterbelts). The terms woodland and forest are used interchangeably throughout this chapter. Unlike the other types of measures covered in Chapters 2 to 5, the different types of woodland presented here do not fall on a spectrum whereby some are greener than others. The main difference throughout this chapter is the scale of the woodland and its location type, as illustrated below.







#### Catchment woodland

Total area of all woodland within a catchment

Cross-slop woodland

Smaller belts of woodland across hill slopes

#### Floodplain woodland

Land within the fluvial floodplain Subject to a regular flooding

#### Riparian

Land adjoining a river channel Usually narrow (for example, <5m on either side of watercourses)

These different types of woodland WWNP measure reduce flood risk by:

- intercepting overland flow by obstructing overland flow paths and physically slowing the rate at which water is delivered to rivers through increased hydraulic roughness
- encouraging infiltration and soil water storage tree roots enable water to be delivered to the soil, which encourages infiltration and the storage of water within the soil

#### Case study 6. Chelmer Valley Local Nature

Author: Trevor Bond

Main driver: Habitat improvement

Project stage: Completed spring 2016



Project summary:

The Chelmer Valley Local Nature Reserve (LNR) is a much loved open space situated to the north of Chelmsfort city centre (Map 1). Approximately 2.5km long, the Chelmer Valley LNR consists of parkland, green spaces, unimproved grassland, ponds, wet mangins, riparian woodland and the River Chelmer Issef (Pfoto 1).

As part of this project, informal embankments created through years of dredging were lowered and the wan antenial was used within the river to constitut earth berms. This improved floodings normeching, created marginal habitat for plants and restricted the walk of the active new channel, encouraging openomphic processes, in addition, flood risk modelling of the scheme has shown flood risk benefits emerging them the project during particular flood frequencies.

Flood in a bodding proceded that the eithern would had be a man, and severale in latest food enta-tion of the flood of the several proceded in the several proceded in the several proceded and the several proceded in the several proceded flood depths of 0.5 fm in some because output a flood proceded in the several proceded flood depths of 0.5 fm in some because output and proceded in the several proceded flood and be ablented to the district of the several proceded in the several

65 great examples provided by you!

#### Case study 11. Low Stanger Floodplain **Reconnection Project**

Author: Ian Creighton

Main driver: Flood alleviation



Project summary:

There have been significant flooding issues in the lown of Cockermouth in recent years. A new flood deleting scheme was constructed in 2014, which was overlopped by Slorin Desmont in December 100 between the control of the contro

Survived Storm Desmond intact! An additional flood storage area of 5ha was created.

#### Case study 12. Slowing the Flow at Pickering

Authors: Tom Nisbet, Huw Thomas, Philip Roe

Main driver: Flood risk management

Project stage: Multi-objective, long-term, demonstration study



The project was established in April 2009 to look at how changes in land used and land management can lead to enduce floor into the boar of Pickering in North Yorkshire (Mag. 1.1 was 1 of 3 pold projects funded by Debt in response to Medium Plan Review of the 2007 floods in Teginard and Wales and his call for greater working with natural processes. The project so world all mis 10 centrollation with the integrated application of a range of land management enterventonismessures can economistate how the integrated application of a range of land management enterventonismessures can communities. A strong local participation was formed, which put in place an appeal set of measures communities. A strong local participation was formed, which put in place an appeal set of measures and a result of the change of Stories in the business of Stories in the other control Stories in exclusive the effectiveness of the measures in recovery floor of its.

An adaption of their measurements from the Bostop Carp 2015 storm event, when 50mm of rain field over a schoolar protect, concluded with a residently find upper of cristary that propage characters prevented flooding to a small number of properties in the fount. It was estimated that the measures reduced the mode pask by 15–050, with storouth and for encoding not be to be special made compariment of the experiment of the properties of the contraction that there is suffer the contraction to the total contraction that show the measures to be working as expected in reducing flood generation by storing and slowing flood suches within the cultimate.

#### Case study 16. Belford Natural Flood Management Scheme, Northumberland

Authors: Alex Nicholson (Arup), Paul Quinn (Newcastle University), Mark Wilkinson (James Hutton Institute)

Main driver: Flood risk management - repeated flooding in the community of Belford

Project stage: Completed 2015



Photo 1: Belford Natural Flood Management project with pictures of some of its interventions (source: Newcastle University)

#### Project summary:

The Bellord Burn is a small stream that runs through the centre of Bellord Village, hard up against garden boundaries and wails. The 6km² catchment is predominantly rural upstream of the village and is privately vened by 3 main landowners. Prior to the scheme, the burn presented a risk of flooding to 54 properties and a caravan park from a 1 in 100 year event. However, 25 properties were at risk from a 1

in a year event.

Belford village Bodded 10 limes between 1997 and 2007. The flood in 1997, which inundated the East Coast maintine railway, is estimated to have a refum period of between 10 and 20 years. Traditional flood defences were not adopted owing to a lack of space between properties and the watercourse, and an unflavourable cost-benefit assessment at the project appraisal phase.



#### Case study 17. Blackbrook Slow the Flow, St Helens Authors: Mike Norbury, Rick Rogers, David Brown

Main driver: Flood risk management - repeated flooding in the Blackbrook area of St Helens (October 2000, September 2012 and 26

Project stage: Seeking funding opportunities to implement a catchment-scale Natural Flood Management Plan



Photo1: Engineered dam 2 – attenuation and suspended sediment settlement during flood flows

Project summary:

Blackbrook in St Helens, Merseyside, experiences repeat flooding from a combination of main river and surface water sources. There are 18 properties at flood risk, 3 of which are businesses; a major truck A-road is alto at risk. The current flood risk is high.

Blackbrook has a 5% chance of flooding in any given year and sits in a low-lying bowl at the confluence of 5 rapid response catchments whose upstream area is 2 fkm<sup>2</sup>. The property level protection put in place has had in

Capital solutions to reduce the flood risk are prohibitively expensive, as cuivert enlarging would be required to reduce the flow constriction. Such considerable capital interventions do not qualify for full fluiding under HM Treasury rules on cost-benefitations. Significant additional fluiding would therefore be

#### Case study 47. North Norfolk Coast

Authors: Sue Rees and Oli Burns

Main driver: Habitat creation, improved and more sustainable

Project stage: Constructed - several schemes in different years: Brancaster 2002; Holme Dunes 2004; River Glaven 2006; Cley to Salthouse 2007; Titchwell RSPB 2011 (Photo 1); Blakeney Freshes



Photo 1, Titchwell (source: Mike Page RSPB)

#### Case study 50. Medmerry Managed Realignment

Author: Robert Harvey

Main driver: Improved defences and habitat creation

Project stage: Completed 2013



Photo 1: Medmerry managed coastal realignment site, 10 October 2013 (source: © Environment Agency and John Akerman ABPmer)

#### Project summary:

The Manney Managed Realignment scheme is Net Sustex (Photo 1) was identified in the Poyham to East Head Costal Stately (2009). The project came about through a continuation of the read to Corestion Programment to create interface in the read to Corestion Programment to create interface in balance. The Environment Agency purchased most of the land required for the project and constructed 6.2m of new wirehalds sea deference, led into the existing shorteries with not everlenness. Additional and was contributed by RSPB.

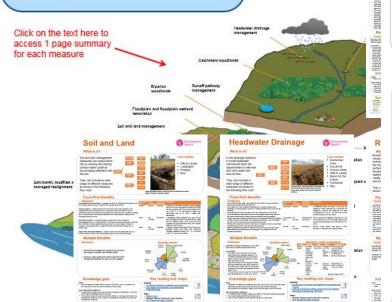
#### The Evidence behind Working with N Processes to reduce flood and coast erosion risk

#### What is it?

Working with Natural Processes to reduce flood and coastal erosion risk is about restoring and emulating the natural functions of catchments, floodplains, rivers and the coast (Environment Agency, 2012).

It is an approach which can be applied in urban and rural locations, on hill slopes, rivers, floodplain, estuaries and

It takes many different forms such as:



#### **River Restoration**

Historically rivers have been modified for many reasons (e.g. navigation, development, flood risk management)

River restoration is the reinstatement of the natural physical processes and features (e.g. pools, riffles) that are characteristic of a river.

It can help reduce flood risk, by slowing the flow of water within the channel.



Mayer Brook river floodplain rectoration post construction (source: Environment Agency)

#### Case studies

Environment Agency

- River Avon
- Dorset Frome
- Mayes Brook
- New Forest

parian Woodland

#### Flood Risk Benefits

- Can slow flood flows and decrease conveyance through the reintroduction of features which encourages the river to reconnect with its floodplain where it can store water and attenuates peak flows d/s Small Can reduce flood risk, the extent of this effect depends
- on length of river restored relative to catchment size Once constructed should last forever, pace at which it becomes effective will vary between rivers, there can be delay whilst morphological adjustment occurs
- Should require limited maintenance

**Multiple Benefits** 

River restoration can provide a wide range of benefits across most ecosystem services (see

Regeneration benefits of improving the river and

On the River Frome (Dorset) river restoration is

expected to also help manage diffuse pollution,

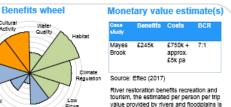
surrounding park at Mayes Brook was valued at £7.8 million over 100 years, based on the uplift to

Not provided Modelled

#### in a 25 km² catchment in the New Forest Sear et al (2006 found river restoration led to a 21% reduction in flood neak and a 33% increase in peak travel (2year recurrence). Restoration reduced water velocities for a 1 in 100 year flood by 41% (Keesstra et al., 2012). Restoring reaches of 5-10 km can provide tangible attenuation of peak flows (Sholtes and Doyle, 2011)

Restoring 5km of the Cherwell's channel reduces peak flow by a 10-15% and increases peak floodplain water levels by 0.5-1.6m (Acreman et al., 2003). Restoring meanders in a 1km reach in a 17 km² catchment,

reduced flood peaks by less than 1% for 2 to 50 year return period (Sholtes and Doyle, 2011). River restoration in headwaters of 400 km<sup>2</sup> catchment reduced peak flow by 14% (Liu et al., 2004).



#### accumulating slit on the floodplain. Knowledge gaps

property prices (Everard et al., 2011).

#### Limited field-based evidence that demonstrate its flood risk benefit

- More information needed on::
- Standard of flood protection provided by river restoration
- FCRM benefits of different types of river restoration at different spatial scales
- Water storage effects of restoration

#### Key reading and maps

- Manual of River Restoration Techniques

- · Strategic National Opportunity Maps (England)

£3.35 (Sen et al., 2012).

#### Terms of reference

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ie following documents: IC150005 - Working with Natural Processes - Evidence Director IC150005 - Annendo: 1. Evidence Director: Literature Paniew

Here are the 14 1 page summaries



(A. A. State or Constitution of Land A.)

### **But its not just** about flooding



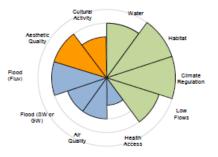
**Kate Kipling** 

#### Multiple benefits

The benefits wheel shows that floodplain woodlands benefit all ecosystem services.

Multiple benefits of floodplain woodland

#### Floodplain woodland



#### Multiple benefits summary

#### **Environmental benefits**

#### Water quality

Floodplain woodland reduces diffuse pollution by enhancing sediment deposition (Jeffries et al. 2003), removing phosphates and nitrates, and fixing toxic metals (Gambrell 1994). Environment Agency (1998) measured reductions in sediment and nitrate concentrations in water flowing through the riparian areas.

#### Habitat provision

Wet woodland is listed as a priority habitat in both the NERC Act and the EU Habitats Directive, Floodplain forests have high biologically diversity, high productivity and high habitat dynamism (Girel et al. 2003). Features created by woodland such as woody detritus, bank stabilisation, braided channels and linear connectivity enhance the

#### 30. Sussex Flow Initiative – East Sussex

Project stage: In progress (2012 onwards) WWNP measures: Floodplain woodland, hedgerows, shelter belts, flood storage ponds, woody dams, washland meadows Cost: £235,000 Key facts: This project has planted over 30,000 trees incorporating 8ha of new woodland and over 3km of new hedgerows, all designed to slow the passage of water, and increasing river shade along 5km to help the watercourse adapt to the impacts of

climate change. biodiversity of floodplains (Pretty and Dobson 2004). They support a range of

#### **Environmental benefits**

flora and fauna, providing a spawning ground for fish and food for herbivores. The Sussex Flow Initiative (see box) is an example of a multiobjective project that includes floodplain woodland planting.

#### Climate regulation



Floodplain woodland has a cooling effect on the local climate. Increased canopy shading prevents lethal water temperatures and restricts weed growth, protecting fish and other organisms (Broadmeadow et al. 2010). It also functions as a substantial carbon sink. One study showed that mature hardwood and cottonwood forests have the highest total carbon stocks (474 tonnes per hectare and 403 tonnes per hectare respectively), followed by softwood forests (356 tonnes per hectare) and young reforestations (217 tonnes per hectare) (Cierjacks et al. 2010).

#### Low flows



Floodplain woodland helps to restore natural hydrological processes. Low river flows can be boosted by the slow release of water stored in pools, side channels and floodplain soils (McGlothlin et al. 1988). In cases where there is a gradient below a river or a floodplain to groundwater, wooded floodplains can encourage groundwater recharge through infiltration as a result of their higher roughness which slows the flow, and also because their roots provide macroporosity (Girel et al. 2003).

#### Social benefits

#### Health access



If floodplain woodland is made accessible to the public, it could have similar physical and mental health benefits to wider catchment woodland.



As in other types of woodland, floodplain trees 'scavenge' pollutants from the air. This service is likely to be particularly beneficial in urban floodplains.

#### Surface water or groundwater flood



Floodplain woodland can have high water use, as it can reduce groundwater levels, freeing up space/capacity to store more floodwater at depth. However, in sequences of winter events this may not always be the case unless the infiltrated water can drain away. A study in the USA demonstrated that hardwood forest had 16% greater evapotranspiration and 28% more groundwater storage capacity than agricultural land (Zell et al. 2015).

#### Fluvial flood



Floodplain woodland creates hydraulic roughness and woody debris, which can reduce medium to large size flood flows in medium to large catchments. However, evidence on the magnitude of effect is mixed. A study examining the planting of native woodland along a 2.2km reach of the River Cary in



## What did we find?

## It's not new

## It works, but its not a



## Typically reduces flood risk for smaller floods in small to medium sized catchment

Small catchment **Medium catchment**  ~ 10km2 ~ 100km2

~ 1.000km2 Large catchment

Local scale impact

Impact not catchment wide, it is localised to where the measure has been implemented

**Small flood Medium flood** Large flood

<10 year return period events

From 10 year to 100 year return period events

>100 year return period events

# It complements rather than replaces traditional engineering

# It can have unintended negative consequences

# It almost always achieves multiple benefits for people and wildlife

# 2. The Maps

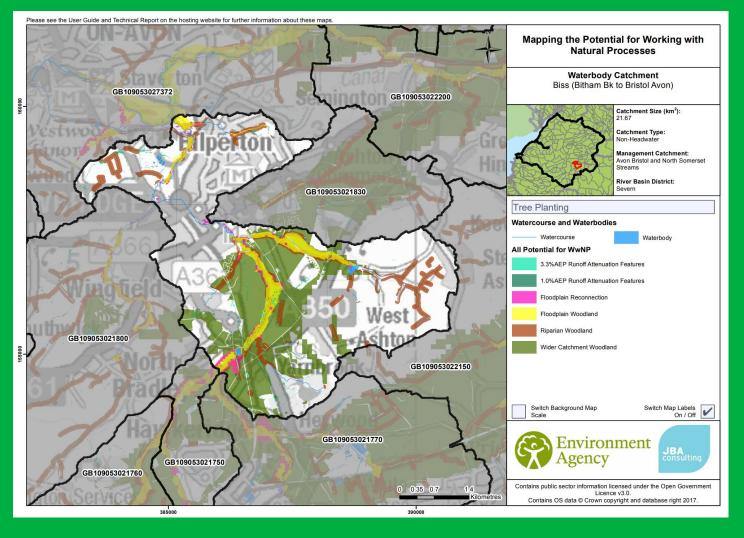


**Kate Kipling** 



Mark Whitling

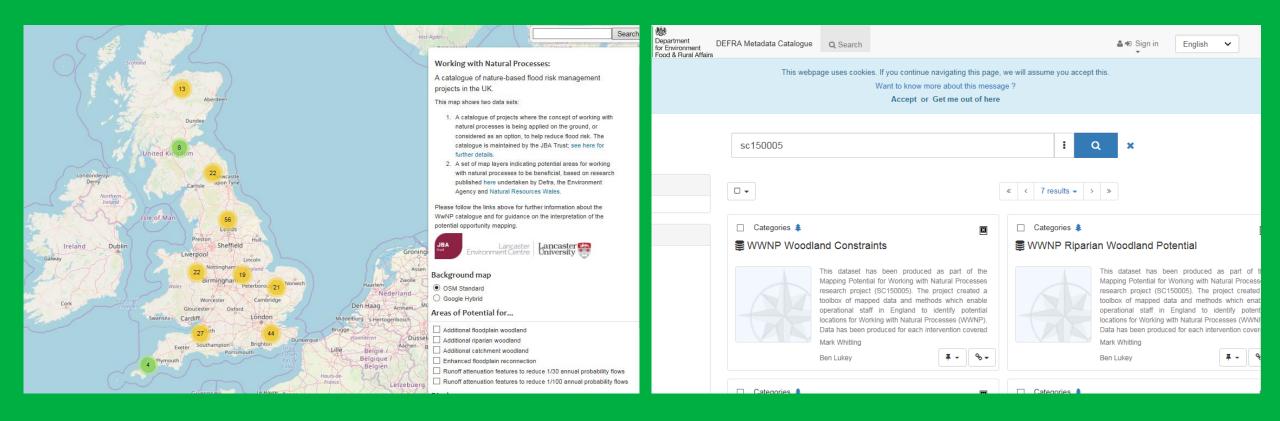




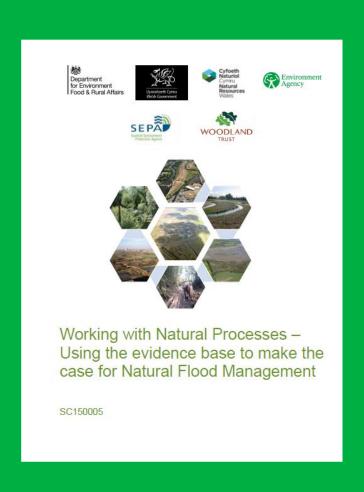
## How to access the maps

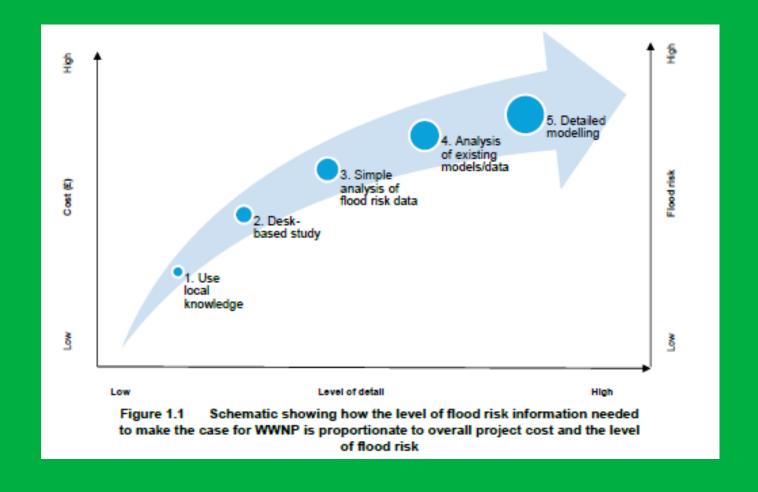
Online – JBA webpage

#### **Shapefiles – DEFRA metdata catalogue**



## Using the evidence base





## Catchment process modelling report

Notatinstanding the difficulties of modelling the effects of wwiNP at the large calciment scale, scenario modelling using the GAESAR model suggests that Implementing WiNP in the savies object to counter the adverse effects of complex change. Furthermore, research on the River Swale has shown that wwiNP is a powerful method for reducing segment-related food risks downstream in a calciment (Lane, 5, and Raiver, 5, personal communication).

The scaling of models is necessary to fully understand the wider catchment impacts of WMNP measures on flood rick and water quality (Adelscott 1998). For example, not all of the office pollutants mobilised in subcatchments will be distributed across the larger catchment during heavy rainfall as re-deposition and re-adsorption may take place during transport (de Vanta et al. 2007).

When selecting modelling tools for your catchment it is important to understand the issue of scale so as to be able to express fully the likely benefits of WWNP measures and any uncertaintee associated with the modelling approach used.

#### 1.2.6 Visualising model outputs

It is also important to develop tools and models that can be used to visually represent the risk of flooding and any potential editions. Model visuallizations can be used to engage stateholders and to check the validity of model outputs and scheme options (Wasien and Rose 2012, Ohimhe et al. 2014Metola, Metoafe et al. In press). Figures 1.4 and 1.6 show the outputs of a model developed by Newsastle University to visualise the downstream impacts of WwNF measures.



Figure 1.4 Relative impact of subcatchments on the flood impacted zone – extract from the Flood impact Model

#### Source: Environment Agency Great Ayton food study project

Visualization can help engage with a range of stakeholders in a catchment. For example, in myediae (cane et al. 2011), innovisible about moorang was co-produced by scientists and local people. Co-production of knowledge is important because it can help counter the uncertainties (see above) in catchment piccess modeling (beven and AccidX 2012). Because moost results arone will selected provide a sundern base on which to understand and make holder investment decisions (Lancetion et al. 2011, Lane et al. 2011). It makes sense to develop modes in partnership with your main stakeholders. Posthumus et al. (2005) and Writinson et al. (2015) also used visualisation tools such as FARM tool (see Figure 1 e) as an engagement tool to help discuss with tand managers the effects or farming practices on runofficates and potential measures to reduce nurofficates at the farm scale.

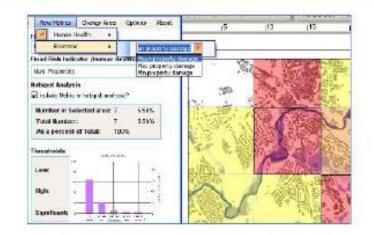


Figure 1.5 Visualising multiple flood risk metrics at different scales using ArcGIS

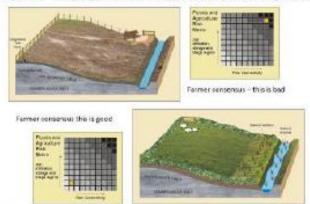


Figure 1.0 FARM tool on the Ripon project showing land-use impact on runoff rates

Source: Wilkinson et al. 2013

15

# 3. The Evidence Gaps

## **NERC NFM Projects**

**LANDWISE** – Reading



**Joanne Clarke** 

Land management in lowland catchments for Integrated flood risk reduction

<u>https://landwise-nfm.org/</u>

**Protect NFM - Manchester** 



**Martin Evans** 

Optimising NFM in headwater catchments to protect downstream communities

https://protectnfm.com/about/ what-is-nfm/ **QNFM** – Lancaster



**Nick Chappell** 

Quantifying the likely magnitude of nature-based flood mitigation effects across large catchments

https://www.lancaster.ac.uk/lec/ sites/onfm/

To keep up to date follow the newsletter and webinars here: https://esearch.reading.ac.uk/newsletter

## **DEFRA funded NFM Programme**





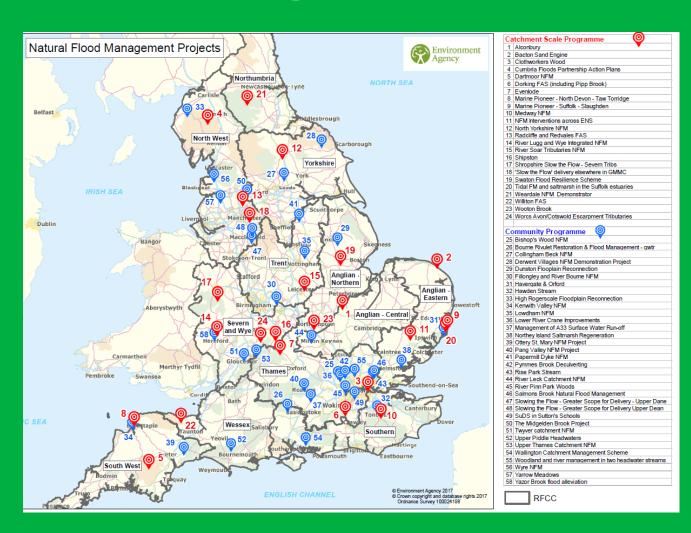


Ben Lukey

Jon Hollis

**Chris Uttley** 

- Reduce Flood and Coastal Erosion risk
- Improve habitats & biodiversity
- Contribute to R&D
- Promote partnership working

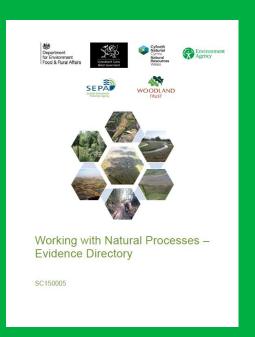


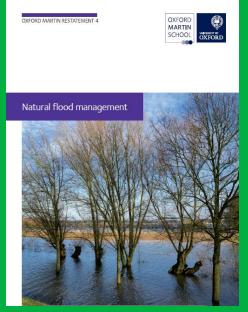
# Update to the Oxford St Martin NFM Restatement 2020/2021

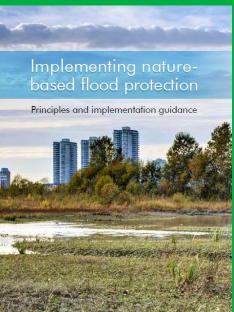


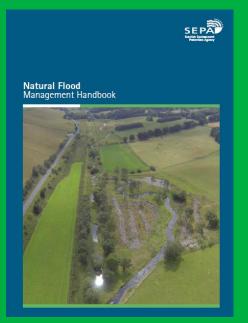
# **Existing Resources**

## **Key References**













#### References:

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https://www.worldbank.org/en/topic/disast erriskmanagement/brief/nature-basedsolutions-cost-effective-approach-fordisaster-risk-and-water-resourcemanagement

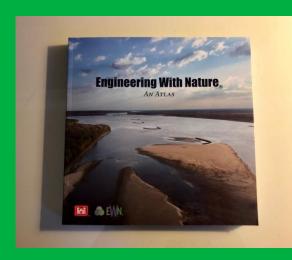
https://ewn.el.erdc.dren.mil/atlas.htm

www.engineeringwithnature.org

<u>nttps://www.therrc.co.uk/nfm-roadshow-</u> outputs

https://www.oxfordmartin.ox.ac.uk/downloads/academic/Oxford Martin Restatement4
Natural Flood Management.pdf

nttps://www.sepa.org.uk/media/163560/sep e-natural-flood-management-handbook1.pdf



## **Current R&D**

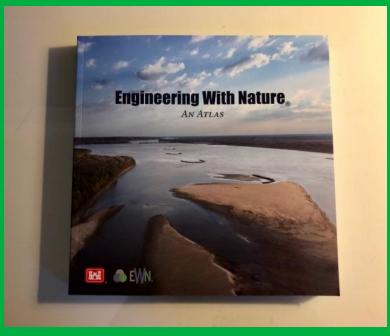
**Ciria**Guidance on NFM

**USACE**Natural & Nature Based Features

**USACE**Engineering with Nature V2







# Coming soon



### Twitter: @FCRMResearchEA

Email: WWNP@environment-agency.gov.uk

### **NFM Evidence Base:**

www.gov.uk/government/publications/working -with-natural-processes-to-reduce-flood-risk











Issue 29



Research News is the newsletter from the Joint Flood and Coastal Erosion Risk Management Research and Development Programme (FCERM). The newsletter is aimed at FCERM practitioners, researchers and our other key partners. The newsletter is also for the wider public who wish to stay informed about research activities.

**FCERM Research News** 

The programme conducts, manages and promotes flood and coastal erosion risk management research and development. It is organised by themes which are closely aligned to the policy and operational responsibilities of the organisations which jointly oversee it. Defra, the Environment Agency, Natural Resources Wales and the Welsh Government.

If you would like further information on the programme please visit our website:

http://evidence.environment-agency.gov.uk/FCERM email us:

fcerm.evidence@environment-agency.gov.uk or follow us on twitter: @FCRMResearchEA In this issue:

Programme update Fish and eel passage

Working with Natural Processes to reduce flood risk Environmental Risks to Infrastructure Programme Rainfall intensity for sewer design

Forecasting surface water flooding Flooding from Intense Rainfall

Local approaches to managing surface water flood risk Using public feedback to improve flood warnings

Low cost repairable approaches for buildings Climate change impacts on asset deterioration The future of asset management

Dams and reservoirs conduits

Reservoir safety research update Reservoirs for flood storage

Performance of grass and soils in resisting erosion

Beach replenishment trial – can the sea work for us? Flood estimation in small catchments

Calculating the economic impacts of a flood