

Sustainable and Nutritious Food: Are these values irreconcilable?

IFNH 4th Annual Forum | 2 February 2022 | 14.00 - 17.00 GMT

Chaired by Prof. Ian Givens, IFNH Director and Prof. Vimal Karani, IFNH Deputy Director, University of Reading

14:00	Welcome	Prof. Carol Wagstaff, Research Dean for Agriculture, Food and Health, University of Reading
14:05	IFNH – Activities and achievements	Prof. Ian Givens, IFNH Director, University of Reading
14:15	Evaluating environmental impacts of food consumption by life cycle assessment	Dr Adrian Williams, Centre for Environmental and Agricultural Informatics, Cranfield University
14:45	Towards a net zero carbon livestock production system	Prof. Christopher Reynolds, Professor of Animal and Dairy Science, University of Reading
15:00	Nutrition for Health and Sustainability: a focus on behaviour change	Dr Amelia Hollywood, Lecturer in Health Services Research, School of Pharmacy, University of Reading
15:15	Part meat and part plants: is hybrid meat the best of both worlds?	Dr Rachel Smith, Postdoctoral Research Assistant, Food and Nutritional Sciences, University of Reading
15:30	Short Break	
15:40	Dietary intakes from milk, dairy and plant-based alternatives: a comparative assessment in the UK	Dr Sokratis Stergiadis, Associate Professor, Animal Sciences, University of Reading
15:55	Understanding the role of motivational and emotional factors in consumers' attitudes towards sustainable and nutritious food	Dr Julia Vogt, Associate Professor of Psychology, University of Reading
16:10	Pathways to healthy and sustainable diets: how to avoid heading down the wrong route	Prof. Jennie Macdiarmid, Interim Director of Health, Nutrition and Wellbeing Challenges, University of Aberdeen
16:40	Q&A	Chaired by Prof. Ian Givens, IFNH Director and Prof. Vimal Karani, IFNH Deputy Director, University of Reading
17:00	Formal close	